

**NEWCASTLE EMPLOYEES  
COVID-19  
EXPOSURE GUIDELINES**

**To: All Employees**

**From: Kevin Self, City Manager**

**Date: February 5, 2024 (Amended)**

Effective immediately, the following guidelines as recommended by the CDC ([cdc.gov](https://www.cdc.gov)), are implemented for all Newcastle employees who have received a positive Covid-19 test.

**If you have tested positive for Covid-19, and depending on how serious your Covid-19 symptoms were, you may return to work after:**

- 5-days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving **and**
- **Employees returning to work after 5 days should wear a mask for an additional 5-days when around other employees or the public.**

**\*\*IF YOUR SYMPTOMS ARE NOT IMPROVING, CONTINUE TO ISOLATE UNTIL:**

- **You are fever free for 24-hours (without the use of fever-reducing medication), and**
- **Your symptoms are improving.**

These guidelines can be found at [cdc.gov](https://www.cdc.gov).

**THESE GUIDELINES ARE SUBJECT TO CHANGE**

**\*\*\*If you are sick, please stay home and DO NOT report to work.\*\*\***